



Career & Purpose Lab

Pilot Programme Impact Report

Luxembourg, June 2026

The results are in:

Swipe to find out how
4 coaching sessions
transformed career clarity
and confidence for 6
motivated participants



Who Joined the Lab & Why?

6-person cohort



- Job Seekers
- Career Transitioners
- Active Employees
- Entrepreneurs

Entry objectives:

- Career transition guidance
- Practical next step strategies
- Career vision/clarity
- Understanding purpose & direction

I joined the program to introspect and reflect on my current career and find the confidence to make a change... I felt burnt out and lost.



Program Impact



**Next Career
Step Clarity**

+53%

Before → After
5.33 → 8.17



**Network &
Support System**

+80%

Before → After
4.17 → 7.50



**Ability to
Present Value**

+92%

Before → After
4.33 → 8.33

**Professional
Confidence**



Before → After
5.50 → 8.00

**Understanding
Strengths**



Before → After
6.50 → 8.50

**Readiness to
Take Action**



Before → After
7.17 → 8.83

**Optimism
About Future**



Before → After
6.67 → 8.17



What made the difference?

- **Group Environment and Peer-to-Peer Interaction**
- **Excellent Value for Career Development**
- **Balance between reflection and practical application**
- **Quality of coaching and facilitation**

Overall programme quality

9.7
/10

Likelihood to recommend

9.8
/10

Content relevance

10
/10



Participant Voices



"I have received clear guidance on where to start, what I can do next to improve my chances of finding a job... I did need this encouragement and tools."

"I understand my unique competence. I was able to build my strategy of how to approach my professional career further."

"I clarified my preferred professional direction, defined my motivations, as well what I want to avoid."



Participant Voices



"I gained clarity on my career path and got answers to questions such as: "Will I be happy self-employed?""

"I see a change in my confidence to ask questions and interact with peers. I really loved the cohort format and the 4-session package. I received so many insights on what I can do better."

"I feel inspired to evolve professionally by discovering my superpowers and beliefs."



Ready to reconnect with your Career & Purpose?

The Pilot Edition proved that
transformation is completely possible

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part of the next cohort!

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